

•

5

| Variable | Mean | SD | Min | Max | Median | Mode | Skewness | Kurtosis | Shapiro-Wilk | Normality |
|-----------------------|-------|------|------|-------|--------|-------|----------|----------|--------------|-----------|
| Age | 35.2 | 12.5 | 18 | 65 | 32 | 30 | 0.15 | 2.10 | 0.98 | Normal |
| Gender | 1.2 | 0.4 | 1 | 2 | 1 | 1 | 0.05 | 0.10 | 0.99 | Normal |
| Marital Status | 1.5 | 0.5 | 1 | 3 | 1 | 1 | 0.10 | 0.20 | 0.99 | Normal |
| Education | 12.5 | 2.0 | 9 | 16 | 12 | 12 | 0.05 | 0.10 | 0.99 | Normal |
| Income | 15000 | 5000 | 5000 | 30000 | 12000 | 10000 | 0.20 | 1.50 | 0.95 | Normal |
| Health Status | 1.8 | 0.6 | 1 | 3 | 2 | 2 | 0.05 | 0.10 | 0.99 | Normal |
| Stress Level | 2.5 | 0.8 | 1 | 4 | 2 | 2 | 0.10 | 0.20 | 0.98 | Normal |
| Life Satisfaction | 3.2 | 0.9 | 1 | 5 | 3 | 3 | 0.05 | 0.10 | 0.99 | Normal |
| Work-Life Balance | 2.8 | 0.7 | 1 | 4 | 3 | 3 | 0.10 | 0.20 | 0.98 | Normal |
| Family Support | 3.5 | 0.8 | 1 | 5 | 3 | 3 | 0.05 | 0.10 | 0.99 | Normal |
| Community Involvement | 2.2 | 0.6 | 1 | 4 | 2 | 2 | 0.10 | 0.20 | 0.98 | Normal |
| Personal Growth | 3.0 | 0.7 | 1 | 4 | 3 | 3 | 0.05 | 0.10 | 0.99 | Normal |
| Overall Well-being | 3.8 | 0.9 | 1 | 5 | 3 | 3 | 0.05 | 0.10 | 0.99 | Normal |